



Butterflies have always been the symbol of positivity - life and hope.

The Desert Valley Hospice Society offers adult grief support programs for people impacted by the loss of a loved one.

Programs are supported by our donors. We provide emotional, practical and social support for individuals, their caregivers, families and friends throughout the last stage of illness, at the time of death and during bereavement.



Funded through community donations, fundraising events, memorial and in-honor gifts, planned giving and community grants.

We express our profound gratitude to the sponsors and donors who collaborate with us so that we can provide critical services to those in need in our communities.

Monetary donations as well as the time that our volunteers give so graciously make it possible for us to focus on our mission, which is to provide quality care to our communities.

Our Mission

The Desert Valley Hospice Society is a registered charitable organization committed to supporting excellence in the delivery of hospice palliative care and end-of-life services.

The goal of end-of-life care is the same regardless of setting: to ensure the best possible quality of life for clients and their families.



The Supportive Care Centre is the home to:

- Supportive Care Day Program
- Delivery of our Programs
- Hospitality Suites for Families
- Training and Administration

Visit our website for resources and current information on our programs, services, and events.

250-495-1590

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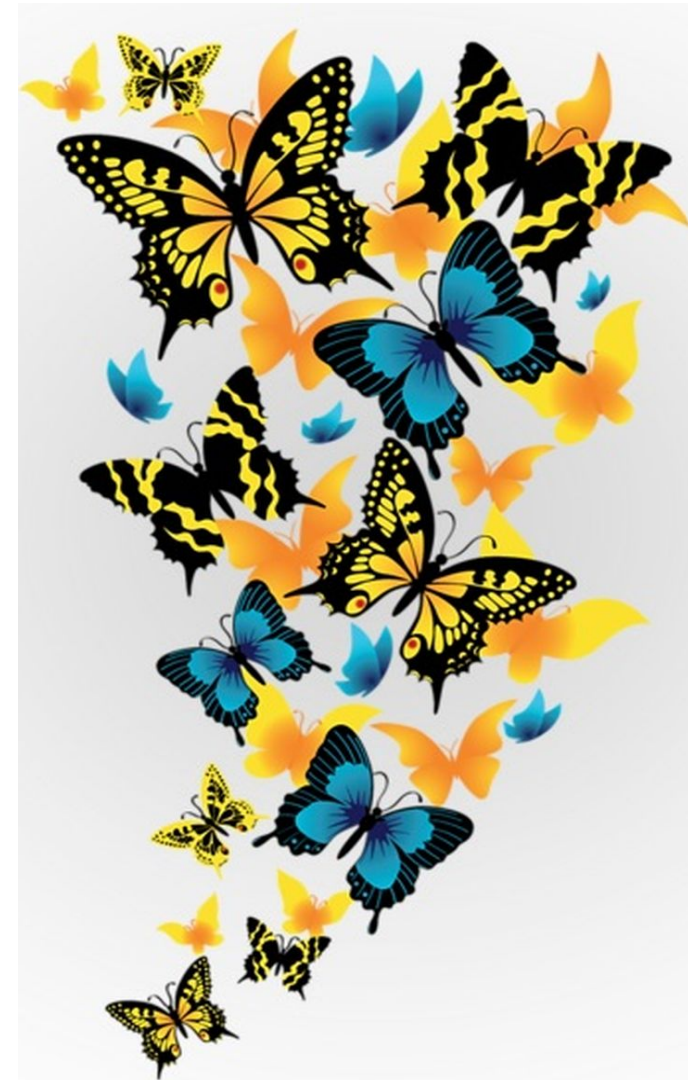


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DESERT VALLEY HOSPICE SOCIETY



Adult Grief Support Program



PEACE GRATITUDE HOPE

Saying goodbye to a loved one is not an easy task- the Desert Valley Hospice Society is here to help.

In addition to palliative and end-of-life support in the community, the **Desert Valley Hospice Society** provides Grief and Bereavement Support Programs by donation for those who've experienced the loss of a loved one.

Grief...A Personal Journey

There is no right way or wrong way to grieve. The loss of a loved one is an incredible personal journey and each person's experiences grief in his or her own way, and in their own time.

The death of a loved one can be one of the most stressful events in a person's life. A wide array of emotions can be experienced such as sadness, anger, anxiety, guilt, and despair. Changes in sleep patterns and appetite can occur, as well as physical illness. These are all natural parts of grieving and the feelings can ebb and flow over time.

Reaching out to others and accepting support is often difficult, particularly when you hurt so much. But the most compassionate self-care one can embrace at this difficult time is to find a support system that will provide the understanding needed.



How Can We Help?

At the **Desert Valley Hospice Society** we recognize that grief is a very personal journey. Don't try to compare your experience with that of others or to adopt assumptions about just how long your grief should last.

Feeling disoriented is natural. When you can share your grief outside yourself, healing occurs.

Our hope is that through the support of our trained volunteers you will find some comfort and connection that may help as you maneuver through your grief and feel better equipped to cope with life and your loss. Allow yourself the chance to grieve - it takes time.



Our Desert Valley Hospice Society Adult Grief Program includes:

Individual Grief Support

- ~ Anticipatory, early and ongoing grief and bereavement support
- ~ Grief workshops and sessions

Resource Library

- ~ Open to the public
- ~ Our lending library has important information about end-of-life and bereavement for all ages and stages

Our Adult Grief Programs are:

- ~ Confidential
- ~ By donation
- ~ Led by trained volunteers
- ~ Participant-centred
- ~ Available through self-referral

For More Information:
**Desert Valley Hospice Society
Supportive Care Centre**

**Volunteer Program Director
250-495-1590 ext 103**

**Grief Support Msg Line
250-495-1590 ext 104**

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